

Leukaemia Busters

The Children's Leukaemia Research Charity



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HEAD TO HEAD

The first Charity Ball organised jointly by the International Business Club of the Southampton and Fareham Chamber of Commerce and Leukaemia Busters was a glittering affair at the De Vere Grand Harbour Hotel in Southampton. Michelle Lineker (Patron) and Thorunn Gower (guest) joined their husbands Gary and David to meet the guests and support the work of Leukaemia Busters. A staggering £16,000 was raised on this evening. (Full story - see page 5).



Heading for the Millennium - Gary Lineker (Patron) and David Gower (guest) put their heads together to join us at the first Leukaemia Busters Charity Ball.

Why do we need to raise £1 Million?

It is now one year since the launch of the Leukaemia Busters Millennium Appeal and £250,000 has been raised so far. The aim of this appeal is to raise £1 million before the end of the century, in order to build the research laboratory of the future. Leukaemia Busters supports the work of scientists Drs David and Bee Flavell and their team in the Simon Flavell Leukaemia Research Unit at Southampton General Hospital. Their pioneering work of developing state of the art treatments for Leukaemia has now taken two new drugs into clinical trials in the UK and the revolutionary 3-BIT cocktail also

developed by the team is undergoing a clinical trial programme in the USA with the full backing of the National Cancer Institute.

In order to make these new treatments available to all children at all cancer centres within the UK, a new research laboratory needs to be built, equipped and staffed.

Our important objective of providing improved treatment for those one third of children with leukaemia who fail on conventional chemotherapy is well underway and relies heavily on the help that you can give.

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“Fighting for Their Lives”

Patrons: Gary & Michelle Lineker

Millennium Appeal Hotline: 01703 796528/796270

Millennium Appeal Website <http://www.penlex.org.uk/lbindex.html>

Christmas is coming!



The Ordnance Survey invited all the children on the Piam Brown Children's Cancer ward at Southampton General Hospital to take part in a Christmas card design competition. The picture left shows Gary Lineker (Patron) with his choice of the winning drawing - that designed by Catherine Remnant aged 13. Catherine's prize as winner was a £100 Toys 'R' Us voucher provided by the Ordnance Survey who are also kindly sponsoring the production of the cards. The pack of 10 high quality cards (157x225mm) @ £3.99 per pack include 5 cards of the winning design and one

each of those drawn by the five runners up.

So don't delay in ordering all your Leukaemia Busters Christmas cards now. To order, just complete the enclosed form and post this to Leukaemia Busters at Southampton General Hospital and mark for the attention of Vickie Lush. Please also enclose your cheque made out to Leukaemia Busters for the whole amount as unfortunately we cannot post them out until receipt of payment. You can of course call (01703) 796270 and leave a message to order your cards and send your payment in.



Don't forget while we are all starting to have to think about Christmas looming up - you can also help Leukaemia Busters and delight your loved ones with a superb present of the 'Pride of England Rose'. Launched by the Football Association for the World Cup, Leukaemia Busters was chosen as one of the charities to benefit from sales. £1 from each bush sold will be donated to the charity.



These deep dark velvety roses are now available. Call 0800 413213 to find out where your nearest Wyevale Garden Centres is and place your order.

The A to Z of Fundraising Ideas

Aerobics Marathon - Organise a mass aerobic session - participants to get sponsored and/or charged to enter.

Barbecue - Sell tickets in advance for a lunch time or evening barbecue in a private or pub garden.

Charity Dinner - Organise a dinner and sell tickets to friends and/or work.

Danceathon - Organise an event for people to dance the day away, raising sponsorship as they bop! Or arrange a disco with a special theme.

Egg Drop - Team of two play catch with an egg, taking one pace back after each successful catch; the team to get furthest apart without dropping the egg wins; charge an entry fee.

Fancy Dress - Raise money at events or in the office by dressing up for the day; the more outrageous the better.

Guess the Number - Put a quantity of items into a large glass jar, eg. buttons, smarties, beans etc. and people pay to guess how many there are; the winner gets a prize or the contents of the jar.

Hiking and Hillwalking - Sponsored by the mile or by the mountain; a good opportunity to get some fresh air for good cause.

It's a Knockout - Use a local sports centre, invite local schools, youth organisations, sport clubs, local sports personalities. Charge admission, sell refreshments, have sideshows. Make it fun!

Jumble Sale - Ask people to donate good second hand clothes, books and records etc. display well to make more money.

Karaoke Night - Sell tickets for a night of ear bashing either at a pub or at a private venue; you might even get sponsored for not singing at all!

Learn - Learn to play a musical instrument and get sponsored for every note you get right! Don't forget the ear plugs!

Marshmallow Marathon - Get sponsored to eat as many marshmallows as you can in a fixed time; or pick your own food.

Naughty but Nice! - Give up all those cream cakes, chocolates and fattening goodies for a month, get slim and get sponsored for every pound you lose.

Open House - Why not host a coffee morning or a cheese & wine evening to raise money.

Pancake Race - Shrove Tuesday is the day to organise the great pancake race; all you need is a couple of frying-pans, a mound of pancakes and plenty of willing participants.

Quiz - Charge an entry fee for people to take part either individually or in teams.

Rounders Tournament - Challenge other teams or groups to a series of rounders with sponsorship per rounder scored.

Stop Smoking - For a week or month and get others to sponsor you through the agony!

Tub of Custard - Just what you've always wanted to do! Sit in a bath full of custard; get sponsored per minute or if you are really brave per hour.

Uplifting - Which is what fundraising should be . . . Have Fun!

Variety Show - Dust off your dancing shoes, look out that magician's hat, put on a show for family and friends.

Worst Holiday Snaps - We've all got them hidden in a drawer, those shots that either went terribly wrong or that you wish you had never taken! Ask friends or colleagues to bring them in, paying a small entry fee; the worst photo(s) can then be displayed and the winner given a prize.

Christmas Party - Organise a festive party with mince pies, mulled wine and entertainments; charge people an entry fee.

Yachting Regatta - Organise a boating race, charging an entry fee and offer prizes for winners.

Zany - Hold a brainstorm with friends and colleagues and see who can come up with the zaniest idea for a fundraising event.

FANTASTIC FUNDRAISERS!!!



Is it a bird? It's trying stuff as Peter Taylor will tell you! for anyone to complete a Marathon - but the picture shows Peter proudly wearing his medal from the 1998 Flora London Marathon. Very well done Peter, raising a fantastic £2,085.



Mad on Motorbikes? Donned with their leathers, thousands attended Beaulieu, Hants for the Motorbike World Show. The LB stand set up by June Vaughn-Wilson volunteer fundraiser (left) and manned by (left to right) Helen Diment, Beryl and Dave Smith (volunteer helpers) sped up to a total amount raised of £216.58.



Divorce Me Darling The Phoenix Theatre Company from Romsey, Southampton have not divorced themselves from Leukaemia Busters and continue to raise funds. Their latest production of the 1930's musical comedy - *Divorce Me Darling* raised £255.



Bravery Boost from Brewster Jo Brewster and colleagues from the Pharmacy Department at Southampton General Hospital braced themselves to abseil down the side of the hospital. Colleagues who could not throw themselves over the edge instead took part in a 24-hr famine. The picture above shows the whole group and the inset of Jo, herself on the way down. A hair raising £1,972.96 was raised.



Follow that Cab! Gary Huckle held a Black Cab Day at Heathrow Airport in June and raised over £800 for Leukaemia Busters.



Praise for St Paul's Pre-School Caroline Benjamin (volunteer) and Chris Short, Playgroup Co-ordinator hold the teddy bear's picnic cake, for the guess the weight of the cake competition. Their Spring and Summer Fetes raised £223.55.



Those Boots were made for running! Six members of the 65 Petroleum Squadron from Portsmouth, ran the Compton 40 mile Downland challenge in April, harder this year for them because of the heavy rain on the day. What a feat!! to finish this massive challenge. (Back row from left to right: Mark Hamilton, Ed Richards, Peter Commerford, Andrew Mayes, front row left, Warwick Roberts and right Ian Stott). Total of £275.15 raised.



Richard Burton (not the Richard Burton) but LB's own from Kettering, makes beautiful English polished mounted coin collections and also collects and sells "Golly" brooches to raise money for LB. He has been fundraising since the sad loss of this granddaughter Sara Bevan to leukaemia and has raised over £450. David Gower is one of the proud owners of one of Richard's collections! - so if you have any foreign or pre-decimal coins that are lurking around please help by sending them to Richard. His telephone no. is 01536 481946.



Steering the St Trinian's into Step! Jan Steer (middle) and Brian Clark organised a fun run from Hengistbury Head, Southbourne to Bournemouth Pier in May steering work colleagues from Boots and friends to join them along the 6 mile walk - raising an amazing £3332.01.



Wytch Winners Are you fit enough to find yourself in next years Flora London marathon? John Gammage and friends from Wytch Farm (BP Exploration Co), Poole, cross the finish line this year and raised £3,128.



It's a Work Out! The St Joseph's Youth Club annual Summer Fete didn't leave many people sitting in their seats during the exercise work out - working out to a total of £500 raised this year and £500 in 1997.



Diners Dish Out Their Change Hats off to the diners and snackers who have contributed £486.56 via Initial Catering at the Esso Petroleum refinery in Fawley, Southampton. The photograph taken at the till from left to right is of Rosemarie Canton, Betty McCough, Andrea Jarvis, Karen Ford and Karen Knowles.



What a view! The 5th Annual Norman Barnes Golf Day held at the Isle of Purbeck Golf Club in Swanage raised an amazing £3,500. The picture shows Peter Joliffe (left) and Len Robinson (owner) right, sadly, without their team mate and organiser Tony Christofoli - who had a bad back and was unable to play. Harry Redknapp, West Ham Manager, and Mel Machin, AFC Bournemouth Manager also swung to the challenge on the day.



Wacky Walkers! The Team at the Hospital are out and about again! The group from medical records, orthopaedic and paediatric out-patients at Southampton General Hospital took part in a 10-mile sponsored walk raising £379.95.



Footix, the French cockerel and official mascot of France '98 showed off his football skills to aid Linda Ellis and Team Elite who organised a World Cup Skill challenge event for LB. Richard Rufus (the tallest) of Charlton Athletic and Micky Ambrose of the Bill (next to Helen Diment), joined the mascot to display their football skills and the event raised £308.96. (Back row, Sean Lindgren (Manager of the World Cup Shop), Chris and Roger Vertannes of Team Elite skills training and coaching).

The IBC Charity Ball

The first ever Leukaemia Busters Ball, a dazzling event, was a tremendous success raising a staggering £16,000. Organised jointly by the International Business Club Committee of the Southampton and Fareham Chamber of Commerce and Leukaemia Busters the event was kindly sponsored by Barclays Bank.

The evening began with International Business Club Committee member and Master of Ceremonies, Peter Holt welcoming guests and introducing the evening's celebrities Gary Lineker and David Gower. After four courses of excellent cuisine, Dr David Flavell emphasised the need for the funding of the research programme and the state of the art progress that had been made developing new therapies in the Simon Flavell Leukaemia Research Unit. Michelle and Gary Lineker (Patrons) joined David, and Gary spoke of the financial commitments faced by the charity and of his own gratitude for the treatment received in the past which rescued his and Michelle's eldest son George from leukaemia shortly after his birth.

The highlights of the evening were an auction run by professional auctioneer Roger Townsend ably supported by the budding auctioneer David Gower which satisfactorily disposed of no fewer than twenty lots. These were all donated by the generosity of business organisations and individuals. The picture shows the brand new Mini Cooper kindly provided by Seward (Havant) Ltd which was sold for



A handsome cheque (£16,000 raised), from left to right: Gary Lineker, Dr Bee Flavell, Dr David Flavell, Adrian Davis of Barclays Bank and Janet Glackin, Commercial Manager of the Southampton and Fareham Chamber of Commerce.

£10,500. (The profit over the cost price being donated to Leukaemia Busters).

There were also no fewer than 85 raffle prizes again kindly donated to support Leukaemia Busters and guests spent the remainder of the evening dancing to the look a like and sound a like fantastic band, The Silver Beatles.



It definitely "isn't all over" as David and Gary give the Mini Cooper the once over!

A Vote of Thanks

If you remember, in the last issue we featured Lyn Wiltshire & Pam Pitcher, LB Gosport regional volunteer fundraisers, and thanked them for their dedicated work over the last nine years. In this edition we'd like to say sincere thanks to June Vaughn-Wilson from Southampton. (June is shown on left of picture).

Nearly 8 years ago, her son Matthew was diagnosed with acute lymphoblastic leukaemia (ALL) and started receiving treatment at Southampton General Hospital. There she met Dr David Flavell (LB. Hon. Scientific Director) and Margaret Tryhorn (LB. Trustee) and learned about the important work of LB. She felt she wanted to help raise money for the cause and started in a small way by raffling a knitted toy at her workplace. She continued knitting toys and collecting bric-a-brac for table top and

car boot sales which she holds regularly (all this with no spare room at home!). She says that she doesn't make huge sums of money but importantly helps to spread the word about the charity by handling out leaflets. In actual fact June has raised £3,721 over the last year! She also persuades companies that she deals with in her work to donate or help LB in any way they can. Well done and thank you very much June and congratulations to Matthew who had 3 Grade "A" passes in his A levels and is now at the University of Birmingham reading for a BA in history.

Leukaemia Busters is extremely grateful to all of our supporters and we still need many more volunteers to follow the example set by Lyn, Pam and June to organise events to help us reach the £1 million Millennium Appeal target.



We are sorry that Helen Diment who has been Millennium Appeal Manager for the last 11 months, has now left Leukaemia Busters to help her new husband run his company. We would like to thank Helen for all her hard work over this period and pass on our best wishes for the future. (Helen is shown on the right of picture)



Forthcoming Events

Sun 1 Nov

Charity Horse Riding, Fordingbridge
Contact: Rob McLeod
(01725) 518297

First week of Dec

3rd Year Med Students Charity Christmas Theatre
Boldrewood Centre, Southampton University
Contact: Heather Robinson
6 Ranelagh Gardens, Polygon, Southampton,
SO15 2TH

Thurs 3 Dec

Gala Charity Performance - Christmas Pantomime
Alice in Wonderland, 7.30pm
The Nuffield Theatre, Southampton
For tickets @ £10.00 each, book
directly through the box office - (01703) 671771

Fri 29 Jan 1999

A Musical Evening, 7.00pm
at The Central Hall, Southampton
Organised by Samantha Stewart
of St. Anne's School
Contact: Sam (01489) 570293

Sue Cook

We are also very sad for the loss of Sue Cook, who passed away recently after suffering from a terminal illness for some years. Sue worked with Beverley Robinson-Grindey as a volunteer fundraiser over the last 10 years. Recycling old Christmas cards they have turned thousands of them into Christmas tags to sell, raising £100's over this period. Her valuable contribution will be sadly missed and we would like to pass our gratitude and condolences to Sue's family.

The paper used in printing Leukaemia Busters newsletter has been kindly donated by

Lunnons, Chichester (01243) 779966



The design & production of the Leukaemia Busters newsletter was donated by Romsey Communications Group 01703 255255

In Loving Memory of Christopher Meech

25.5.86 - 17.7.98



Christopher Meech pictured here on the right, with his brother Robert, was diagnosed with ALL on 2nd January 1998. After five days of treatment, in Southampton General Hospital, it became clear that Christopher's leukaemia was not straightforward. In the words of his consultant he had the "Chris Meech" version. It was decided that Chris should have a bone marrow transplant, and this was carried out in Bristol on 8th May. He sailed through isolation in only 20 days, having celebrated his 12th birthday on 25th May. He spent three more weeks in Bristol before coming home to Poole, Dorset.

A week later, Chris became ill and returned to Southampton to find that his leukaemia had unfortunately returned. Chris returned home and sadly passed away on 17th July, with his mum, dad and brother at his bedside.

Chris's parents Gary and Jane said: *"He remained very brave in the last few weeks. Chris loved life, his family and friends and was always smiling. He filled our world with joy and laughter and when he swapped his football boots, roller blades and drumsticks for a life on a hospital ward, he rarely complained. We Pray that one day soon, children like Chris will survive from leukaemia"*.

Christopher's courage and strength have inspired so many to support Leukaemia Busters.

The Simon Flavell Leukaemia Research Unit is a living memorial to all those children who have lost their lives to leukaemia.



The laboratories are dedicated to these children so that the work carried out in them will provide a better chance for those children who come after.

Ways in which you can help...

1. Joining an existing or setting up a new fundraising group.
2. Organising a local fundraising event such as coffee mornings, jumble sales, craft fairs and so on.
3. Entering a sponsored event for Leukaemia Busters such as swimming, running, walking and so on.
4. Persuading the company you work for to adopt Leukaemia Busters as their charity.
5. Introducing Leukaemia Busters to a group or association which you may be involved with at work or socially.
6. Making a direct contribution, possibly by gift aid or a deed of covenant.
7. Making a bequest to Leukaemia Busters in your will.

For more information please contact Leukaemia Busters at:
Southampton General Hospital
SOUTHAMPTON. SO16 6YD

A Donation in support of Leukaemia Busters' work is always very welcome. Please use this form if you feel that you are able to help:

(Mr/Mrs/Miss/Ms) Initials _____ Name _____

Address _____

I would like to make a donation of £ _____ in support of Leukaemia Busters. (Cheques payable to Leukaemia Busters), or I wish to make a credit card donation by
Visa - MasterCard - Delta. (delete as applicable)

Name of cardholder: _____ Card Expiry date: _____

Card No.

Usual Signature: _____
If you are making a donation of £250 or more, please consider **Gift Aid**, which enables us to recover an extra third in Tax relief - a tax form will be sent to you for signature. Or if you would like to make a regular gift, please consider **Deed of Covenant**, please ring us for further information.

Please send to address to the left or phone: 01703 796528/796270